

ECE103N : Safe, Healthy & Nutritional Programs for Early Childhood Education

This course provides an in-depth study of the planning for and evaluation of safe, healthy, nutritional early childhood environments. Settings and curriculum that are developmentally, individually and culturally sensitive in the areas of health, nutrition and safety will be explored. The course reviews the relevant policies, regulations and quality guidelines that support healthy, safe environments for the young child, birth through age eight. Topics include: Planning, creating and evaluating play in learning environments and curriculum; the "whole child", family needs, related community resources, issues, trends, and advocacy needs. This course requires a minimum of four hours of observation and six hours of participatory advocacy work in support of the young child's health, safety, and nutritional needs.

Class Hours 3

Lab Hours 0 **Credits** 3