

# Kepro

Nashua Community College realizes the importance of school/work/life balance and its critical impact on the productivity and general well-being of each person. The College also understands all the additional stress caused by the COVID-19 pandemic and its impact on social lives, jobs, and families. The Community College System of NH (CCSNH), which includes NCC, offers a Student Assistance Program (SAP) provided by Kepro to provide students with access to free confidential Student Counseling Services (SCS) by licensed mental health professionals in the local area and other supports 24 hours a day, 7 days a week, 365 days a year.

The Student Assistance Program (SAP) provides students with online and mobile access to information, resources, and referrals to enhance student's life and personal wellbeing. The program provides information and resources on personal growth, emotional wellness, parenting, managing change, self-assessments, online training modules, financial calculators, access to free confidential Student Counseling Services (SCS), and legal and financial consultations. From time to time, everyone experiences situations that affect their general wellbeing. The SAP is a resource to help students be successful at meeting their responsibilities and creating solutions that allow students to be healthier, happier, and more productive. The SAP is a comprehensive resource for students and their family. For more information, visit NCC's Student Assistance Program webpage: <https://nashuacc.edu/student-assistance-program/>. For access, call toll free 1-844-854-7281 or visit [www.EAPHelplink.com](http://www.EAPHelplink.com) and use the company code: CCSNH.